

Hello

Portfolio

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DESIGN & PRINT

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hundreds

Oceanique

GRILL & GO
KEBAB & PIZZA HOUSE

Point
plaisir

MIRROR MIRROR
BOUTIQUE SALON

safe space
yoga

Tufts & Tangles
dog grooming

Rawlinsons
OPTOMETRISTS

Poplar Farm
restaurant
&
caravan site

Vintage™



Skegness Carnival • Skegness Illuminations • North Parade Bingo

The
CLEAVER
CHOICE
FOR THE FINEST
Quality
MEAT



KIRK'S
BUTCHERS & DELICATESSEN
Est. 1959

01754 763097

60-64 High Street, Skegness

kirksqualityfoods.co.uk

MEAT
&
GREET



THE FINEST QUALITY
BUTCHERS IN
Skegness

KIRK'S
BUTCHERS & DELICATESSEN

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60-64 High Street, Skegness

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Raise a
ROAST
TO A *Family*
OWNED AND RUN
Butchers &
Delicatessen



KIRK'S
BUTCHERS & DELICATESSEN

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60-64 High Street, Skegness

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Call in and
STEAK-AWAY
Our **Hot Cooked**
Beef & Pork
SANDWICHES



KIRK'S
BUTCHERS & DELICATESSEN

The perfect choice for lunch

01754 763097

60-64 High Street, Skegness

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Come back soon!
WE HOPE TO
Meat You
Again



KIRK'S
BUTCHERS & DELICATESSEN

Thanks for shopping, enjoy!

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60-64 High Street, Skegness

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There is...
NO MIS-STEAK
About it
WE LOCALLY SOURCE
THE HIGHEST QUALITY
meats & produce



KIRK'S
BUTCHERS & DELICATESSEN

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60-64 High Street, Skegness

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Empty Fridge?
WE'VE GOT
just the thing
to fillet



Homemade pies, quiche, pork pies, sausage rolls and quality meat. Perfect!

KIRK'S
BUTCHERS & DELICATESSEN

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Kirks Butchers

HANDS ON EXPERIENCE

WATCH A DINOSAUR EGG HATCH

LOOK WHO'S CRASHING THE SO FESTIVAL

LO CR/ SO

REGGIE THE RAPTOR

SATURDAY 4TH JULY

20 MINS SHOWS AT 11AM, 12.30PM, 2PM AND 3.30PM

OUTSIDE THE HILDREDS

FIRST TIME IN 20 MILLION YEARS

A LIFE-SIZE DINOSAUR VISITS SKEGNESS

16ft x 10ft DINOSAUR

A PALAEOLOGIST AND AN ARCHAEOLOGIST, HIS KEEPERS, WILL BE CLOSE AT HAND.

hildreds Shopping at the heart of Skegness

hildredsshoppingcentre.co.uk

hildreds Shopping at the heart of Skegness

BE OUR GUEST AT THE CHRISTMAS LIGHT SWITCH ON SKEGNESS

THURSDAY 26th NOVEMBER 2015

SHOW STARTS 5PM PARADE 6.30PM SWITCH ON 7PM

Start The Beauty Of Christmas In Style This Year

Join us as the Reindeer parade brings **Santa** to town.

Rob Hammond and the **Lines FM Street Team** including **Wilbur Bear** will host the countdown to the Christmas Light Switch On where there is snow, treats and fun to be had by all. The smiles don't stop there, the grotto is open from 7.15pm, shopping and live entertainment goes on until 9pm for a *happy ever after*.

THE LISA JAY STAGE PRODUCTION CAST & PANTO STARS

Skegness Carnival

Hildreds Shopping Centre

hildreds

Shopping at the heart of Skegness




hildredsshoppingcentre.co.uk

01754 764899

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Briar Way • Skegness • Lincs • PE25 3NR

 HildredsShoppingCentre

 HildredsSCSkeg

How to get here

From Boston (A52)
Enter one way system when approaching Skegness town centre. Keep on A52 (passing Taylors garage on right) follow signposts to town centre and sea front onto Lumley Road (opposite Lumley hotel). Hildreds Centre is on the right in about 1/2 mile.

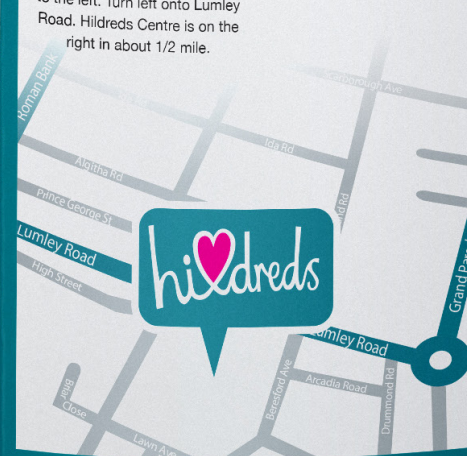
From Lincoln (A158)
At traffic lights shortly after football ground turn right to town centre. In about 3/4 mile enter one way system keeping to the left. Turn left onto Lumley Road. Hildreds Centre is on the right in about 1/2 mile.

Car Parking

There are limited parking spaces available on Lumley Road. There is however an extensive car park on Beresford Avenue (parking charge).

Opening Times

Mon - Fri: 08:30-19:00
Sat: 08:30-18:00
Sun: 10:00-17:00



Facilities

30 Stores under 1 Roof

Restroom and baby changing facilities

320 car parking spaces

One level easy access for prams & wheelchairs

Disabled facilities throughout

Open 7 days a week

The Hildreds Shopping Centre provides interest throughout the year by incorporating festive animated displays during Easter and the summer months, however it is best known for its national award winning Christmas displays that are designed and hand made by the centre staff.



Award Winning Seasonal Displays



Hildreds Shopping Centre

Massage

Swedish Body Massage £30

A deep relaxing massage which helps to ease aching muscles and releases tension.

Aromatherapy Massage £39

A personal and individual treatment involving gentle manipulations of the soft tissues performed using essential oils that have healing properties. This boosts well-being, relieves stress and has many more therapeutic qualities for your individual needs.

Aromatherapy including Face & Scalp Massage £49

The base of the aromatherapy massage with a specialised scalp massage using essential oils personalised to suit your individual needs. Promotes healing by relaxing and detoxifying. Energises the body and mind.

Back Massage (1/2 hour) £20

To relieve stress tension nodules.

Leg & Foot Massage (1/2 hour) £20

Relieves tension and improves circulation in the foot and leg.

Lava Shell Massage £49

Using real tiger clams from the Philippines, that self heat, treat yourself to the ultimate massage in heat therapy. The innovative mixture of natural minerals including algae and dried sea kelp which cause the heat and the therapeutic effect including deep relaxation in the muscles.

Lava Shell Back Massage £28

Body Bliss £49

Commencing with the body brush, body exfoliation - removing dead skin cells, massage with warm treatment oil and completed with a scalp massage.

Body Contour / Body Detox £59

Using lymphatic drainage, body galvanic - targeting the appearance of cellulite, smoothing and improving skin tone and texture.



Directions

From Boston

Located just 5 minutes from Wainfleet St Mary. Turn left on the A52 along Church Road and continue for about 1 mile, Oceanique is situated half way down Pinchbeck Lane.

From Skegness

Located just 10 minutes from Skegness. Turn right on the A52 along Church Road and continue for about 1 mile, Oceanique is situated half way down Pinchbeck Lane.

please look out for our *tranquility experiences*



Oceanique

07932 232309

Church View, Pinchbeck Lane

Croft, PE24 4RY



Oceanique

Sense of Wellbeing

Promotes healing by relaxing, detoxifying and energising the body & mind

Open 12-2pm
4pm-Late



Fish & Chips

We only serve the finest locally grown chipping potatoes and the freshest Grimsby cod

Chips	£1.50 / £2.00
Cone of Chips	£1.00
Chip Butty	£1.50
Large Cod	£3.20
Large Haddock	£4.50
Extra Large Cod	£4.50
Extra Large Haddock	£5.00
Fish Cake	£1.50
Yorkshire Fish Cake	£1.20
Cod Roe	£3.25
Wholetail Scampi (7)	£1.70
Chicken Nuggets (7)	£3.00
Chicken Portion	£0.80 / £1.10
Regular / Jumbo Sausage	£0.80 / £1.30
Onion Rings (each)	£0.10
Fritters	£1.20
Pukka All Sides Pie	£2.40
Pukka Chicken & Mushroom Pie	£2.40
Pukka Beef & Onion Pie	£2.40

Chippy Meals

Mini fish

Fish, Chips & Gravy	£3.10
Fish, Chips & Musty Peas	£3.10
Fish, Chips & Beans	£3.10
Fish, Chips & Curry	£4.00
Pie, Chips & Gravy	£4.00
Pie, Chips & Peas	£4.00
Pie, Chips & Beans	£4.00
Pie, Chips & Curry	£4.00

Kids Menu

Each kids meal comes with FREE mini drink and FREE toy

7" Cheese Pizza & Chips	£4.00
Fish Fingers & Chips	£2.50
Chicken Nuggets & Chips	£2.50
Sausage & Chips	£2.50
Fishcake & Chips	£2.50

Extras

Musty Peas	£1.00
Beans	£1.00
Curry Sauce	£1.00
Gravy	£1.00

DRINKS

Fancy a beer or bottle of house wine with your meal, why not add to your order?
Proof of ID may be required on delivery

Beer (4 pack)	£4.95
Lager (4 pack)	£4.95
House Wine (White, Red or Rose)	£5.95
Soft Drink, Cans	£0.50



SOCIAL

Keep up to date with our latest offers by liking us on facebook

f / Grill & Go and Point Place

Find us on Just Eat



Order takeaway online

FREE DELIVERY SERVICE

local delivery service is available to all local areas including all Caravan Parks & Hotels on orders of

£6.00 & above

PARTIES

We can cater for pub events and large parties, delivered straight to your door. Please give us a little notice.

If you have any allergies, special requests or require any information please ask a member of staff, who will be happy to help

Open 4pm til Late



KEBAB & PIZZA HOUSE

Traditional Fish & Chips • Jacket Potatoes
Kebabs • Burgers • Pizzas • Curry

All fresh ingredients are locally sourced and of the highest quality

FREE DELIVERY SERVICE

Chapel St Leonards • Ingoldmells • Winthorpe
Hogsthorpe • Mumby • Anderby Creek

(01754) 874255

105 St Leonards Drive, Chapel St Leonards
Chapel Point PE24 5RA

Our secret ingredient is... **QUALITY**

Oceanique • Grill & Go



Charnwood Hotel



Country Meadows



hardysanimalfarm.co.uk

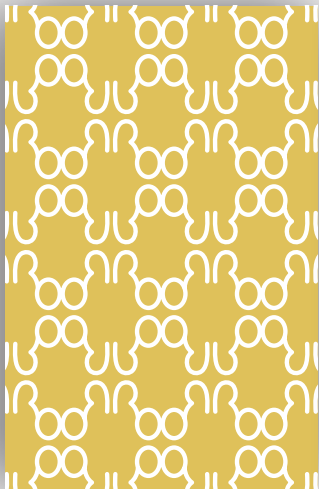




**MARTIN
RAWLINSON**
BSc(Hons) MCOptom

01754 766 773
info@rawlinsonsoptometrists.co.uk
www.rawlinsonsoptometrists.co.uk

1 Lumley Avenue, Skegness,
Lincolnshire PE25 2AH





**LAURA
RAWLINSON**
BSc(Hons) MCOptom

01754 766 773
info@rawlinsonsoptometrists.co.uk
www.rawlinsonsoptometrists.co.uk

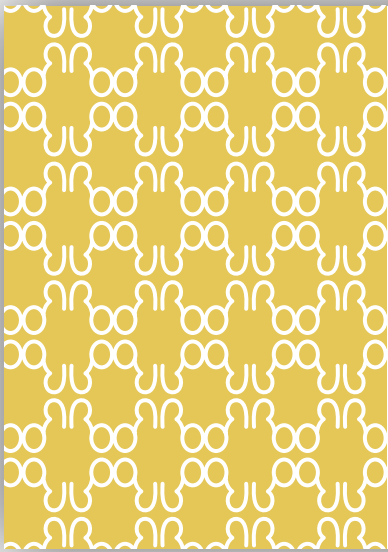
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Lincolnshire PE25 2AH



1 Lumley Avenue,
Skegness,
Lincolnshire
PE25 2AH

01754 766 773
info@rawlinsonsoptometrists.co.uk
www.rawlinsonsoptometrists.co.uk

Rawlinsons Optometrists is the Trading Name of Forsight (Lincolnshire) Limited, Company Number 06954702
Registered Office, 5 Resolution Close, Endeavor Park, Boston PE21 7TT





**APPOINTMENT
CARD**

01754 766 773
info@rawlinsonsoptometrists.co.uk
www.rawlinsonsoptometrists.co.uk

1 Lumley Avenue, Skegness,
Lincolnshire PE25 2AH

PRICE LIST

Monday	10:00-11:30	open class all levels	5 class pass 10 class pass drop in	£35 £63 £7.50
Tuesday	19:00-20:00	beginners course	6 weeks	£36
Wednesday	10:00-11:00	intermediate course	6 weeks	£36
	14:30-15:30	beginners course	6 weeks	£36
Thursday	10:30-11:30	beginners course	6 weeks	£36
Saturday	10:30-12:00	open class all levels	5 class pass 10 class pass drop in	£35 £63 £7.50

open classes are booked in blocks there are a few options to drop into individual classes
private class £45 for 90 minutes



for more information contact julie on:
07710 619144 julie@safespaceyoga.co.uk safespaceyoga.co.uk
safe space yoga, 3 avignon road, spalding, lincs pe11 1hw



julie blayney
yoga instructor
07710 619144
julie@safespaceyoga.co.uk
safespaceyoga.co.uk
safe space yoga, 3 avignon rd
spalding, lincs pe11 1hw

YOGA
FOR EVERYONE

BREATHE

STRENGTH

INTEGRITY

SPIRIT



FORREST YOGA

As a beginner to **Forrest Yoga**, you learn to breathe deeply and connect in feeling with your body. As you progress, you get proficient at safely tailoring each pose to work best for you; particularly with physical and emotional injuries. Learning to work honestly at your edges, you develop effective tools to deal with fear, struggle and breakthroughs. This makes it possible for integrity, self awareness and playful curiosity to become part of your daily life.



for more information contact julie on:
07710 619144 julie@safespaceyoga.co.uk safespaceyoga.co.uk
safe space yoga, 3 avignon road, spalding, lincs pe11 1hw



YOGA
FOR EVERYONE

BREATHE

STRENGTH

INTEGRITY

SPIRIT



classes for all abilities

FORREST YOGA





Woodward Lakes And Lodges

MIRROR MIRROR

BOUTIQUE SALON

01775 248359
07595 681132

3 VICTORIA STREET, SPALDING
LINCOLNSHIRE PE11 1EA

WWW.MIRRORMIRROR.BOUTIQUE

RUI

SALON DIRECTOR

MIRROR MIRROR

BOUTIQUE SALON

01775 248359
07718 607709

3 VICTORIA STREET, SPALDING
LINCOLNSHIRE PE11 1EA

WWW.MIRRORMIRROR.BOUTIQUE

CHARLOTTE

SALON OWNER

APPOINTMENT LOYALTY CARD

DATE

TIME

DATE

TIME

DATE

TIME

DATE

TIME

DATE

TIME

DATE

TIME

MIRROR MIRROR

BOUTIQUE SALON

HAVE PLEASURE IN OFFERING YOU A

COMPLIMENTARY CUT & FINISH

EXPERIENCE OUR PERSONAL SERVICE
AND EXPERTISE WITH THIS COMPLIMENTARY
CUT & FINISH TAILORED TO YOU

NAME

FRIEND

VALID UNTIL

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WWW.MIRRORMIRROR.BOUTIQUE

MIRROR MIRROR

BOUTIQUE SALON

WHEN YOU LOOK GOOD WE LOOK GOOD
SO GO ON, TELL A FRIEND...

50% OFF FOR YOU & A FRIEND

NAME

FRIEND

STYLIST

IF YOU ARE AN EXISTING GUEST OF MIRROR MIRROR WHY NOT SHARE YOUR
SECRET WITH A FRIEND. THEY GET 50% OFF AS A 'HELLO' FOR THEIR FIRST CUT
AND FINISH AND YOU WILL ALSO GET 50% OFF YOUR NEXT CUT AND FINISH!

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MIRROR MIRROR

BOUTIQUE SALON

FROM

TO

AMOUNT

EXPIRES

OPEN

MON: CLOSED

TUES: 9-6 WED/THUR: 9-8

FRI: 9-6 SAT: 9AM-6PM

SUN: CLOSED

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gift voucher

MIRROR MIRROR

BOUTIQUE SALON

PRICE LIST

OPEN

MON: CLOSED

TUES: 9-6 WED/THUR: 9-8

FRI: 9-6 SAT: 9AM-6PM

SUN: CLOSED

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LINCOLNSHIRE PE11 1EA

WWW.MIRRORMIRROR.BOUTIQUE

CUT & FINISH

LADIES

GENTLEMEN

STYLIST

£23

£15

HAIR DESIGNER

£27

£17

SALON DIRECTOR

£29

£19

SALON OWNER

£33

£21

DRY CUT

from £15

RESTYLE £3 extra

PARTY HAIR

BLOW DRY'S

STYLIST

£15

HAIR DESIGNER

£17

SALON DIRECTOR

£19

SALON OWNER

£21

ADD LUXURY TREATMENT £5

UP DOS from £26

U16'S CUT & FINISH

UNDER 5'S

£5

SPRAY CUT 5-10YRS

£8

GIRLS 11-16YRS

£18

Wash, Cut & Finish

BOYS 11-16YRS

£14

Wash, Cut & Finish

COLOUR MENU

SEMI

from £34

ROOT TOUCH UP

£30

FREE STYLE

from £37

SHORT

MEDIUM

LONG

FULL HEAD COLOUR

£34

£37

£40

FOILS

£40

£43

£46

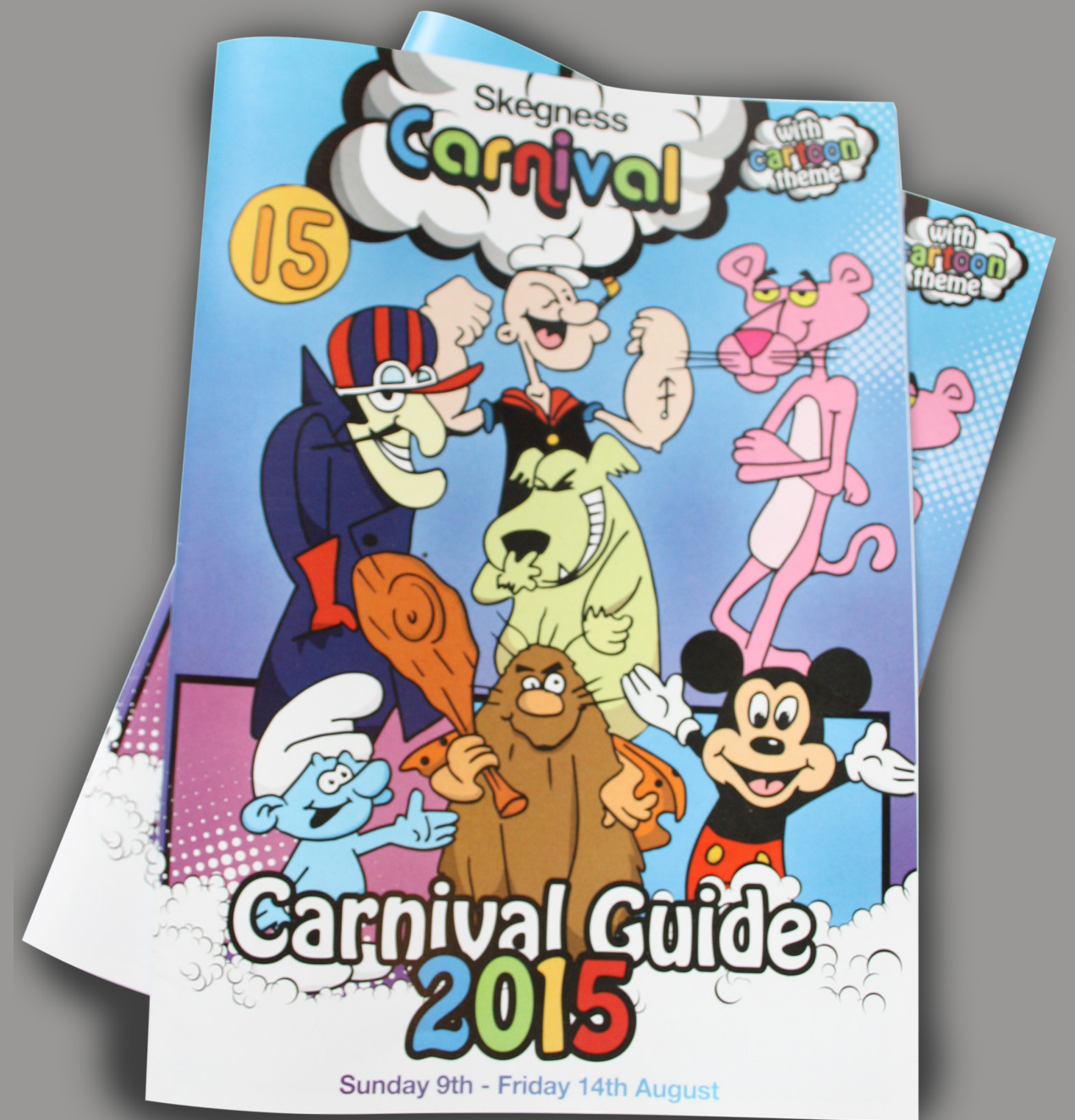
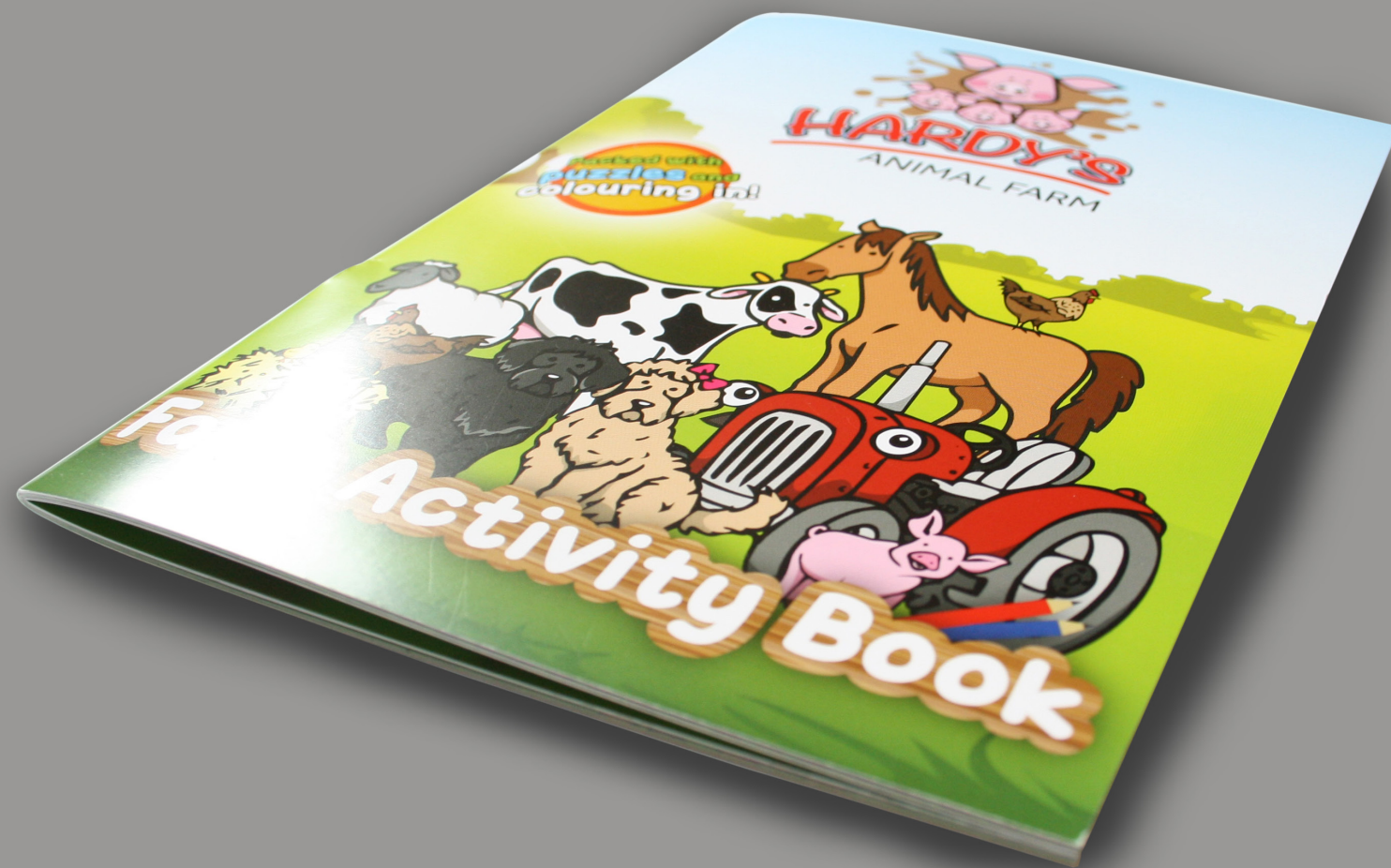
TOP BOX

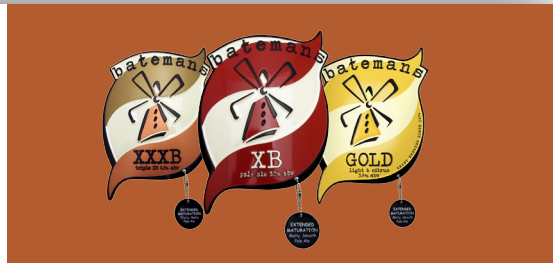
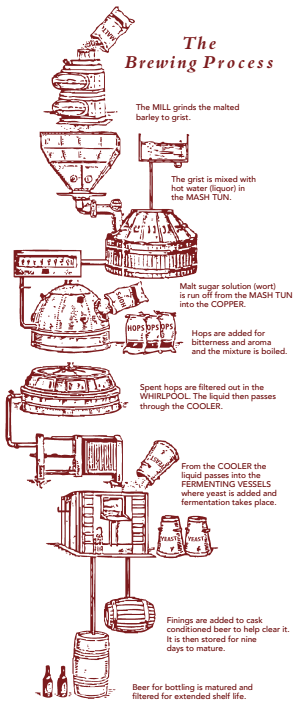
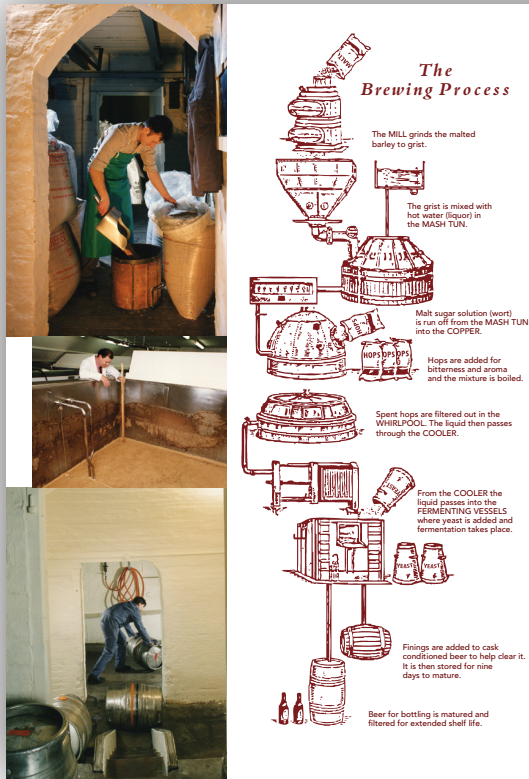
£28

£30

£32

WEDDING PACKAGE AVAILABLE INCLUDING HOME VISITS. PRICE ON CONSULTATION.





THE BREWERS

"THE PASSION WITH WHICH THE BREWERY WAS FIRST CREATED HAS NEVER BEEN DILUTED; BEING AS STRONG NOW AS IT HAS EVER BEEN"

MARTIN CULLMORE,
HEAD BREWER FOR 30 YEARS

Our Salem Bridge Brewery site houses two brewhouses. The 'Victorian Brewhouse' contains copper and wrought iron vessels, which date back to the 1800s and are still used to brew special celebration beers. Alongside, is the 'Theatre of Beers', a state of the art brewhouse built in 2003, to ensure top quality brewing and unrivalled consistency, for years to come.

The team of brewers have long and varied experience, having developed their craft over years of working alongside their predecessors, many of whom had been brewing, mashing and rousing, for up to 50 years!

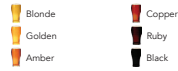
It is this experience, handed down from generation to generation, which makes them real craft brewers, all of them appreciating that the brewing of quality beer is an art as well as a science.

An art which starts with the selection of only the finest malts, hops and yeast, continuing through to implementing the traditional brewing methods and finishing with the mashing and ultimately the dedicated sampling of the beer, to ensure they are of the best quality and consistency possible!

BRANDS DIRECTORY | 13

KEY TO SYMBOLS

COLOUR



TASTE

HOPPY



MALTY



SWEET



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THE CLASSICS

AWARD WINNING CRAFT BEERS

Since 1874

One of the many things we are proud of at Batemans is the number of top awards we have won over the years: Campaign For Real Ale Awards, World Beer Awards, International Beer Competitions and Supermarket Gold Medals.

Triple XB has been judged Premium Beer of Britain on 5 different occasions but it's not just for Triple XB, it's for all the different styles and strengths of our beers; dark beers, porters, golden beers and multi-grain beers.

Why is this? Well we never cut corners when it comes to sourcing the very best malts and hops, not only from Lincolnshire, Yorkshire and Norfolk, but from all around the world, allowing us to brew, alongside our Classic English beers, American and Continental style beers.

We have an enormous amount of experience in brewing which goes back nearly 150 years, brewing with the same methods and in much of the original plant and by brewers who have had their skills passed down to them from generation to generation.

That's why we are regarded as
Craft Brewers Since 1874!



XB
3.7% ABV
19 Cask / 3000 KeyCask

Classic, amber English pale ale collected by the name of historic English Golding and Challenger hops with crisp, distinctive pale and chocolate malts, slowly matured to create a grainy, quaffable beer.

TRIPLE XB (XXXB)
4.3% ABV
19 Cask / 3000 KeyCask

Classic, English heavy pale ale, brewed with pale, chocolate, crystal and wheat malts, blended with spicy English Challenger Golding and Challenger hops to create a full body beer with a peppery aroma and truly beautiful flavor.

GOLD
3.8% ABV
19 Cask / 3000 KeyCask

A golden colored, refreshing beer brewed with Lincolnshire Lager malt and American Caramel and Cascade hops, giving a lovely citrus flavor and aroma, which is quite dry and very mouth.

SALEM PORTER
4.2% ABV
19 Cask

Full of fruit, maltiness, almonds and Roasted Barley combined with spicy Challenger hops, gently brewed with roasted malted grains to create a Roasted explosion of warm malted toast and crumbly nut biscuits.

CALL: 0754 88137 (TELESALES)

BRANDS DIRECTORY | 15

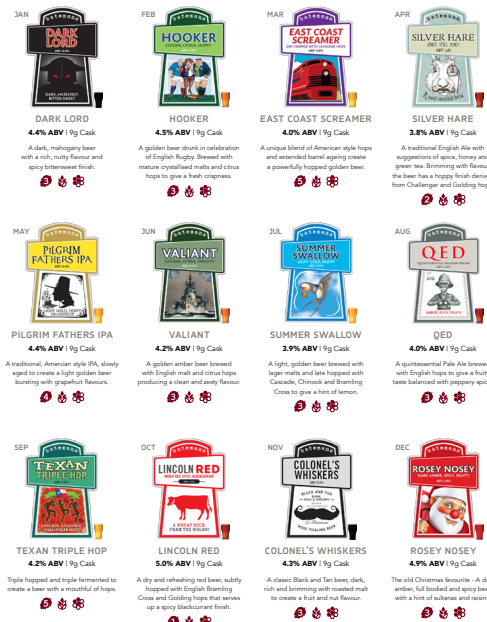
BATEMANS BOTTLED BEER



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BATEMANS SEASONAL BEER

Our new, unique range of Seasonal Beers for 2016, are of varying styles, colours, strengths and tastes - Dark & Roasted, Spiced & Fruity, Light & Crispy, Rich & Creamy - American Pale Ales, English Bitters, Traditional Porters, and Wheat Beers.



CALL: 0754 88137 (TELESALES)

BRANDS DIRECTORY | 17

DISPENSE TAP OPTIONS

Brand names prefer to have their beers served through their own branded dispense taps. However there are instances where they will accept alternative styles of dispense taps, which can allow more than one brand to be dispensed from the same font.



CELLAR MANAGEMENT

CLEANING

FINESSE RINGE AID
CRYSTAL ORIGINAL GLASSWASH
PIPELINE LINE CLEANER
RENOVATE GLASS CLEANER

CELLAR

PLASTIC TAPS
(CONVERT TO METRIC)
WOODEN CASK TAPS
(NOT SUITABLE FOR METRIC)
ASPIRATORS
SHAKERS
ALE EXTRACTOR ROOLS
ICE BLANKET COOLING JACKETS

KEY CASK

Key Cask is one of the greatest developments for cask beer this century!



A Key Cask contains 100% cask conditioned Real Ale. Unlike key beer there is no carbon dioxide injected into it and it's dispensed through a standard hand pump.

EASY TO HANDLE
TREBLE THE SHELF LIFE!

There is no purging or stillaging required and it can be dispensed with compressed air, saving on gas costs. There is almost no wastage and is ideal for lower throughput.

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ADDED VALUE

WE ARE NOT ONLY ABLE TO GIVE YOU THE BEST POSSIBLE SERVICE, BRANDS AND PRICE, WE CAN OFFER SO MUCH MORE



We have been brewing and running our own pubs for approaching 150 years. This means we have the knowledge, experience and resources to give you assistance should you request it, to help make your business more profitable and effective. We can certainly keep you abreast of all the regulations and legislation publicans now have to abide by, giving you the peace of mind to focus on running your business.

We can advise on:

LICENSING | ACCOUNTING | EMPLOYMENT LAW
CATERING | RECRUITMENT | STOCK TAKING | HEALTH AND SAFETY
LAYING ON ACTIVITIES | ENERGY CONSERVATION



WE CAN PROVIDE TRAINING IN A VARIETY OF AREAS OF RUNNING A LICENSED BUSINESS, FROM CELLAR MANAGEMENT AND FINANCE TO CUSTOMER SERVICE AND DRUG USE PREVENTION

WE HOLD CUSTOMER ENTERTAINMENT EVENINGS AT THE BREWERY AND BREWERY TOURS

WE CAN ARRANGE WINE TASTING EVENINGS

WE CAN PROVIDE A PRINTING SERVICE FOR MENUS AND POSTERS

WE OFFER A 'ONE STOP SHOP' CELLAR EQUIPMENT REPAIR AND MAINTENANCE SERVICE

WE CAN ADVISE ON WEB SITE DESIGN

WE HAVE A PROPERTY SURVEYOR WHO CAN OFFER ADVICE

CALL: 0754 88137 (TELESALES)

BRANDS DIRECTORY | 41

Batemans Brewery

Thank You

CLICK INK
DESIGN & PRINT

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email:hello@click-ink.co.uk

web:www.click-ink.co.uk